

Otolaryngology
 Head and Neck
 Cancer
 Pediatric
 Otolaryngology
 Facial Plastic Surgery
 Allergy Management
 Balance Disorders
 Audiology

VNG TEST APPOINTMENT

PATIENT: _____
 APPOINTMENT DATE: _____
 APPOINTMENT TIME: _____
 LOCATION OF THE TEST: [] EASTERN SHORE ENT & ALLERGY ASSOCIATES, PA
 106 MILFORD ST., SUITE 101, SALISBURY, MD
 [] _____

MEDICATION INSTRUCTIONS: PRIOR TO YOUR TEST

- 1. CONTINUE TO TAKE YOUR MEDICATION FOR LONG-TERM CONDITIONS** SUCH AS DIABETES, HIGH BLOOD PRESSURE, HEART RELATED CONDITIONS, SEIZURES, THYROID PROBLEMS, OR ANTIBIOTICS FOR INFECTIONS. DO NOT DISCONTINUE YOUR MEDICATION FOR THESE ONGOING CONDITIONS. IF YOU HAVE ANY QUESTIONS, CONTACT OUR OFFICE AT (410) 742- 1567.
- 2. STOP TAKING THE FOLLOWING MEDICATIONS 48 HOUR PRIOR TO THE TEST:** TRANQUILIZERS, SLEEPING PILLS, SEDATIVES, ANTI-DIZZY MEDICATION, OR OTHER CENTRAL NERVOUS SYSTEMS SUPPRESSANTS. (EXAMPLES OF THESE TYPES OF MEDICATIONS WOULD INLCUDE BUT NOT BE LIMITED TO VALIUM, KLONOPIN, ATIVAN, PHENERGAN, MECLIZINE, ANTIVERT, DRAMAMINE, BONINE, SCOPOLAMINE, BENADRYL, INAPSINE, ZOFRAN, RUBINUL, COMPAZINE, HYDROXYZINE, COUGH AND COLD THAT CONTAIN ALCOHOL OR CAUSE DROWSINESS, ETC.) IF YOU HAVE ANY QUESTIONS, CONTACT OUR OFFICE AT (410) 742- 1567.
- 3. DO NOT DRINK ALCOHOL FOR AT LEAST 48 HOURS** PRIOR TO THE TEST.
- 4. IF YOU ARE TAKING ANTI-DEPRESSANTS, CHECK WITH YOUR PRESCRIBING PHYSICIAN TO ASK IF YOU ARE ALLOWED TO DISCONTINUE THIS FOR 48 HOURS. IF YOU ARE NOT ALLOWED TO DO SO, OR ARE UABLE TO DO SO, KEEP TAKING THIS MEDICATION.**

DIETARY INSTRUCTIONS

- 1. DO NOT DRINK ANY ALCOHOL FOR AT LEAST 48 HOURS** PRIOR TO THE TEST.
- 2. IF THE TEST IS IN THE MORNING, DO NOT EAT BREAKFAST. IF THE TEST IS IN THE AFTERNOON, EAT BREAKFAST BY 10:00 A.M., BUT DO NOT EAT LUNCH.**

OTHER INSTRUCTIONS

- 1. DO NOT WEAR ANY MAKE-UP AT ALL, ESPECIALLY EYE MAKE-UP.**
- 2. BRING SOMEONE WITH YOU TO DRIVE YOU HOME.**
- 3. BRING THE COMPLETED "DIZZINESS HANDICAP INVENTORY" WITH YOU.**
- 4. BRING YOUR GLASSES IF YOU NEED THEM FOR SEEING AT A DISTANCE.**

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**TTY USERS
 CALL
 MARYLAND
 RELAY
 #771**